



www.viktoryiahealth.co.uk



**Winner and Finalist
The British Hair and Beauty,
Professional Beauty & BABTAC Awards**



Therapist of The Year
GOLD WINNER 2021



Skin Specialist
SHORTLISTED 2022



AWARDS 2021
Therapist of the
year 2021



AWARDS 2022
Mobile/Home-based Business
FINALIST



Beauty Therapist
WINNER 2022



2022
Advanced Aesthetician
FINALIST



2022
Holistic Therapist
SEMI-FINALIST

Whether your goal is beauty, health or purely to re-balance and relax, at Viktoryia Health you will find a treatment that meets your needs and a bespoke experience just for you is 100% guaranteed.



THREE MONTHS interest free payment plan is available for Advanced Beauty Treatments as well as ZO Skin Health products. You pay 40% on your visit and the remainder via two standing order payments of 30% per month.

Beauty Treatments

Waxing

<i>Full Leg</i>	<i>£22</i>	<i>Full Leg & Bikini</i>	<i>£35</i>	<i>Half Leg</i>	<i>£17</i>
<i>3/4 Leg</i>	<i>£19</i>	<i>Half Leg & Bikini</i>	<i>£26</i>	<i>Forearms</i>	<i>£15</i>
<i>Full Arm</i>	<i>£19</i>	<i>Underarm</i>	<i>£10</i>	<i>Bikini Line</i>	<i>£12</i>
<i>High Bikini</i>	<i>£17</i>	<i>Eyebrow</i>	<i>£10</i>	<i>Lip or Chin</i>	<i>£7</i>
		<i>Lip & Chin</i>	<i>£12</i>		

Eye Treatments

<i>Eyebrow Shape</i>	<i>£10</i>	<i>Eyebrow Tint</i>	<i>£10</i>	<i>Eyelash Tint</i>	<i>£11</i>
		<i>Lash & Brow Tint</i>	<i>£19</i>		

(Patch test is required 24 hours before any eye treatment)

Medi Pedi

<i>Medi Pedi 1hr</i>	<i>£75</i>
<i>Medi Pedi 1hr 30mins</i>	<i>£95</i>
<i>Medi Pedi 2hrs- 2hrs 30mins</i>	<i>£150 (includes Foot Mask, Thermal Hydrating Treatment, Upper Back, Neck and Head Massage)</i>

New Treatments

Microneedling

*1hr Microneedling with Chitossil (Bio-Absorbable Threads) infusion and Dermalux LED
A course of 3-5 every other week is recommended*

£115
£250 - £450

Nappage Mesotherapy

*1hr Nappage Mesotherapy with Chemical Peel and Dermalux LED
A course of 6 every other week is recommended*

£100
£420

Vitamin Boosters

*Vitamin B12 Shot
A weekly course of 4 is recommended and once a month maintenance after.*

£40

*Glutathione Shot
A weekly course of 12 is recommended. Then once a month for 6 months and every other month maintenance after.*

£55



Alternative Therapies

Deep Tissue / Sports Massage / Dry Needling / Manipulation / Rock Blading Ultrasound / LED Therapy

This treatment focuses on releasing the deeper myofascial restrictions of the deeper muscles, tendons and ligaments of the body, treating pain conditions and promotes tissue healing.

Back, Neck & Shoulders 1hr £65

Full Body Massage 1hr 30mins £95

Add on PEMF (Pulsed Electromagnetic Field Therapy)

Benefits:

- *Increasing Circulation*
- *Decreasing Inflammation*
- *Accelerating Bone Healing*
- *Reducing the Effect of Stress*
- *Sleep Management*
- *Improving Blood Oxygenation and much more.* £30

Add on Paraffin Therapy

To relieve pain, stiffness, muscle spasms, arthritis, tennis elbow, fibromyalgia, bursitis and more £15

Swedish Massage

A soothing treatment, finished with a hot lavender infused towel to complete your total relaxation.

Full Body Massage 1hr 30mins £85

Back, Neck & Shoulders 1hr £60

Face, Neck, Shoulder & Scalp 1hr £60

Add on PEMF (Pulsed Electromagnetic Field Therapy)

Benefits:

- *Increasing Circulation*
- *Decreasing Inflammation*
- *Accelerating Bone Healing*
- *Reducing the Effect of Stress*
- *Sleep Management*
- *Improving Blood Oxygenation and much more.* £30

Hot Stone Massage

A truly indulgent holistic massage incorporating hot basalt stanes designed to relax the body at its deepest level.

Back, Neck & Shoulders

£70

Indian Head Massage

A relaxing massage to head, neck, upper back, shoulders & face using pressure point techniques. Relieves stress, headache, neckache & muscular tension.

1hr Massage

£50

Add on PEMF (Pulsed Electromagnetic Field Therapy)

Benefits:

- Increasing Circulation*
- Decreasing Inflammation*
- Accelerating Bone Healing*
- Reducing the Effect of Stress*
- Sleep Management*
- Improving Blood Oxygenation and much more.*

£30

Reiki

Is Japanese for "Universal life energy", and also described as a system of natural healing. It has beneficial effects on most physical and mental health conditions.

1hr Treatment

£55

Is a holistic therapy, that treats the feet in order to balance the whole body. It is effective for headaches, migraines, arthritis, sleep disorders, hormonal imbalances, digestive problems & stress. Includes warm soothing eye mask..

1hr Treatment

£55

Add on PEMF (Pulsed Electromagnetic Field Therapy)

Benefits:

- Increasing Circulation*
- Decreasing Inflammation*
- Accelerating Bone Healing*
- Reducing the Effect of Stress*
- Sleep Management*
- Improving Blood Oxygenation and much more.*

£30

Hopi Ear Candle

Alternative approach to ear syringing, using therapeutic candles. Excellent for colds, flu, allergies & sinusitis. Includes head massage & facial pressure points massage.

1hr Treatment

£45

Add on PEMF (Pulsed Electromagnetic Field Therapy)

Benefits:

- *Increasing Circulation*
- *Decreasing Inflammation*
- *Accelerating Bone Healing*
- *Reducing the Effect of Stress*
- *Sleep Management*
- *Improving Blood Oxygenation and much more.*

£30

PEMF (Magnetotherapy)

A form of magnetic therapy using Electromagnetic field generated by copper coils. It targets the body at a cellular level, helping with a variety of disorders, diseases & injuries, through a wide range of applications.

1hr Treatment

£55





"Creating waves of gentle compression, the Body Ballancer® mimics the effects of a manual lymphatic drainage"

The Daily Mail: Femail

Beauty Aesthetics

<i>Consultation with Skin Analysis</i>		£50
<i>Contact Thermography to analyze cellulite</i>		£35

Chemical Peels

<i>ZO Skin Health Stimulator Peel (lunch time peel)</i>	<i>30mins</i>	£50
<i>MCA-35</i>		£115
<i>A course of 4</i>		£300
<i>PRX-T35</i>		£95
<i>A course of 6</i>		£420
<i>Retinol</i>		£95
<i>A course of 3</i>		£215

Advanced Customised Facials

*All treatments are customised to meet your skin needs and goals.
Achieving the best results, by using the following well known aesthetic therapies.*

<i>Cosmetic Acupuncture</i>	<i>Buccal Massage (intra-oral)</i>
<i>Microdermabrasion</i>	<i>Diamondbrasion</i>
<i>Hydroabrasion</i>	<i>Oxygen Infusion</i>
<i>Radio Frequency</i>	<i>Galvanic</i>
<i>High Frequency</i>	<i>Dermalux LED</i>
<i>Ultrasonic</i>	<i>Cryo and Heat Therapy</i>
<i>HydroMedi</i>	<i>EMS Therapy</i>
<i>Mesotherapy</i>	<i>Chemical Peel</i>
<i>Body Ballancer</i>	

<i>1hr Customised Facial</i>		£95
<i>1hr 30mins Customised Facial</i>		£150
<i>2hr Customised Facial</i>		£180
<i>2hr Advanced Facial</i>	<i>(with add on Body Ballancer)</i>	£200

Sculptural Face Lifting Massage

Includes ZO Sking Health Stimulator Peel, Dermalux LED, hand & foot mask, foot massage and 1hr Sculptural face Lifting Massage and Collagen Mask

<i>Sculptural Face Lifting Massage</i>	<i>2hr</i>	£250
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Dermalux LED

Dermalux™ LED Phototherapy is a non-invasive skin treatment that harnesses the power of natural light by energising cells to repair quicker and rejuvenate faster. The clinically proven treatment provides one of the fastest and safest ways to reverse the visible signs of ageing, clear acne and blemishes and heal sensitive skin conditions such as rosacea, eczema and psoriasis.

Skin Rejuvenation

Sun Damage

Acne and Problem Skin

Rosacea and Redness

Eczema, Psoriasis and Dermatitis

Sensitive and Inflammatory conditions

Wound Healing and Scarring

Restoring Radiance



Dermalux™ is a pain free and relaxing treatment which is suitable for all skin types and conditions, without any downtime. Utilising long established LED technology, the treatment is a significant development in the battle to keep our skin looking flawless, youthful and healthy!

The visible effects are immediate. Dermalux™ instantly awakens a tired and dull complexion. After just one treatment skin is incredibly hydrated, plump and radiant and redness and irritation is calmed. Light therapy also promotes a feeling of wellbeing, helping to relieve the stresses and strains of everyday life! A course of treatments offers dramatic and lasting improvement in the appearance and health of the skin.

Dermalux LED

30mins

£40

Dermalux LED with collagen mask

30mins

£50

Mesotherapy

Repairs, Refills & Stimulates your skin using Dermal Gun, which features a high injectable speed for accurate and tailored treatments, or delivered manually using a special technique. It is perfect for injecting life back into the dermal layer of the skin by using customised meso products, leaving it feeling plump and rejuvenated. Micro injections stimulate fibroblasts to produce more of the bodies own hyaluronic acid, collagen & elastin. Hydration levels are boosted as it delivers lasting moisturisation and improves the skin surface, creating a natural fresh look.

Mesotherapy with Mandelic Peel & Dermalux LED

*Face and Neck
Face, Neck and Chest*

*1hr 30mins
2hr*

*£160
£180*



HA Skin Boosters

Peptidyal HX

*Face
Face, Neck and Chest*

*£250
£280*



Dermapen 4

- Fine lines
- Wrinkles
- Scars
- Aging
- Dilated Capillaries
- Rosacea
- Age spots
- Acral vitiligo
- Sun damage
- Stretch marks
- Enlarged pores
- Hyperpigmentation

Dermapen 4™

Dermapen 4

Dermapen™ is a revolutionary micro-needling treatment, which aims to tighten, lift and rejuvenate the skin. Dermapen™ promotes scar less healing and natural collagen reproduction, similar to fractional laser treatments, IPL, laser resurfacing but without side affects and downtime.

Ideal for treating

Fine Lines

Wrinkles

Acne & Trauma scars

Strech Marks

Pigmentation

Micro needling Collagen induction treatment

<i>Dermapen 4 with meso cocktail (Face, Neck, Chest and Hands)</i>	<i>2hr</i>	<i>£225</i>
<i>Advanced Dermapen 4 (Face, Neck, *Buccal Massage, Chest and Hands with customised chemical peel, meso product, *accupuncture Body Ballancer, Dermalux LED)</i>	<i>2hr</i>	<i>£265</i>
<i>Dermapen 4 with PRX-T33 (Face, Neck, Chest)</i>	<i>2hr</i>	<i>£300</i>
<i>Dermapen with PRP (Face, Neck, Chest)</i>	<i>2hr</i>	<i>£375</i>
<i>Dermapen 4 with PRP & PRX-T33 (Face, Neck, Chest)</i>	<i>2hr</i>	<i>£450</i>

Discount is applied when you book a course of treatments.

Cryopen

<i>Skin Tag Removal</i>	<i>£60</i>
<i>Three Skin Tags</i>	<i>£120</i>
<i>Five Skin Tags plus</i>	<i>£200</i>

Plasma Pen by Louise Walsh International

A non-surgical EYE LIFT treatment (non-surgical BLEPHAROPLASTY) works to address drooping eyelids, under-eye bags and puffiness while reducing the appearance of crow's feet. The skin around the eyes will appear significantly tighter, brighter and smoother.

1 area

£100

Non-surgical Skin Tightening Spray Facial. Wonderful facial treatment for clients of all ages to enjoy. Suitable for all skin conditions and imperfections, including Skin Rejuvenation, Sebum and Active Acne Reduction, Pore Reduction, Skin Pigmentation. A reduction in fine lines and wrinkles across the whole face. Brighter looking skin with a beautiful healthy 'Glow'.

1 treatment (Face, Neck & Chest)

£300

Body Ballancer

An exclusive detoxifying treatment, which through effective lymphatic drainage, helps to promote the body's natural toxin clearing functions. The revitalisation and oxygenation of the tissue helps to improve the appearance of cellulite, slim and redefine the legs, stomach and arms while enhancing skin tone, texture & much more.

Body Ballancer (Lymphatic Drainage Massage)

<i>Full Body</i>	<i>1hr 30mins</i>	<i>£125</i>
<i>A course of 10</i>		<i>£900</i>
<i>Bottom Half</i>	<i>1hr</i>	<i>£90</i>
<i>A course of 10</i>		<i>£700</i>
<i>(add on Dermalux LED with Collagen mask)</i>	<i>30mins</i>	<i>£35</i>
<i>A course of 10</i>		<i>£900</i>
<i>Body Ballancer with "inch-loss" body wrap</i>	<i>1hr 30mins</i>	<i>£150</i>
<i>A course of 10</i>		<i>£1150</i>

A course of 10 - 12 sessions twice a week is recommended.



Electrolysis Apilus Cell

Wave Goodbye to Unwanted Hair for Good with Apilus Electrolysis

If you want a permanent hair removal solution, Apilus is the number one electrolysis brand, guaranteeing 100% hair removal.

Removal method recognised by regulatory agencies. It works by follicle and an electric current is applied to destroy the germ cell using heat energy.

Hair removal
Hair removal

15mins
30mins

£20
£35

Includes single use probe and galvanic post treatment. One area will need to be treated a few times in order to permanently remove unwanted hair.



 **Plasma Pen™**
By Louise Walsh International

Treatment Packages

Eye Revive

Eyelash Tint - Eyebrow Tint - Eyebrow Wax - VitaLift Eyes (E.M.S.) - Eye Mask - Neck/Head Massage - Hand Mask & Massage

1hr

£75

Hydrating

*Relaxing Back Massage - Hydrating Facial
(Cleanse - Pumpkin Enzyme Scrub - Steam - Facial Massage - ZO Skin Health Hydrating Mask)*

1hr 30mins

£95

Post Holiday Detox

Lymphatic Drainage Massage Body Ballancer - Detox Galvanic Facial - Dermalux LED - Foot Massage

1hr

£95

Dry/Dull Skin Buster

ZO Stimulator Facial - Advanced Facial Paraffin Wax Lift - Dermalux - Eye Treatment - Paraffin Hand Treatment - Upper Back/Neck Massage - Foot Massage

1hr 30mins

£135

Ultimate

Eyebrow Tint - Eyebrow Wax - Eye Mask - Dermalux LED - Back massage - thermal Hydrating Hand Treatment - Foot Massage

1hr 30mins

£95

Stress Buster

Hot Stone massage - Head & Scalp Massage - Reflexology - Heated Eye Mask
2hr

£100

Weekend Glow

Tidy-Up Medi Pedi - Back Massage - Brightening Facial - Dermalux - Foot Mask - Eyebrow Tidy-Up - Eyebrow Tint - Half Leg Waxing - Foot Massage
2hr

£180

Red Carpet

Celebrities Favourite Lymphatic Drainage Massage Body Ballancer - ZO Stimulator Peel - Sculptural Face Lifting Massage - Dermalux LED - Thermal Hydrating Hand Treatment - Foot Mask/Massage - Eyelash Tint - Eyebrow Tint - Upper Back, Neck & Shoulders Massage
2hr 30mins

£250

Top To Toe

Mini Medi Pedi - Back Massage - Luxury Microdermabrasion Facial - Dermalux LED - Paraffin Hand Treatment - Foot Mask & Foot Massage. Comes with a glass of Champagne.
3hr

£235



WELLNESS & BEAUTY PACKAGES

OSTHEOPATHY & MASSAGE PACKAGE (adults & children only)

John Miller - Osteopath BSc(Hons), Diploma (Sports Injuries and Massage) & Viktoriya Rohal
Beauty Aesthetics and Alternative Therapy

*Two Osteopathic treatments (initial consultation and a follow up treatment with John)
Two Deep tissue Massages (Viktoryia)* £220

*Three Osteopathic treatments (initial consultation and 2 follow up treatments with John)
Three Deep tissue Massages (with Viktoryia)* £275

HAIR & BEAUTY PACKAGE

Farahnaz Shamsiyeva- Hair Stylist & Viktoriya Rohal - Beauty Aesthetics and Alternative Therapy

*Two Plex Beauty Express Bonding Hair Filler treatments- amazing restore treatment for severely
damaged coloured, brittle and dry hair (includes consultation) with Farah
Two 1hr Customised Beauty Aesthetics Facials (with Viktoryia)* £230

*Three Plex Beauty Express Bonding Hair Filler treatments- amazing restore treatment for severely
damaged coloured, brittle and dry hair (includes consultation) with Farah
Three 1hr Customised Beauty Aesthetics Facials (with Viktoryia)* £345

LUXURY SPECIAL OCCASION PACKAGE

Treat someone special in your life to an experience they won 't forget
**Farahnaz Shamsiyeva Hair Stylist & Viktoriya Rohal Viktoriya Rohal Beauty Aesthetics and
Alternative Therapy**

*Signature Facial with ZO Stimulator Peel -Includes Customised Facial, Body Ballancer (Lymphatic Drainage Massage),
Luxury Paraffin Hand Treatment, Foot Treatment & Massage- 2hr with Viktoryia
Hair- Luxury Hair Treatment and Blow Dry with Farah
Also includes Special Occasion balloon garland, especially done for you, mini bottle of Fizz with chocolates & luxury
"Opatra" gift (Ultra Rich Body Butter, Mineral Body Scrub & 24k Gold gentle care soap) worth £150 with a gift certificate -
20% discount on your next Skin Treatment at Viktoryia Health*

£295

ELEVATE YOUR LIFESTYLE WITH MONTHLY MEMBERSHIPS AND MAKE A SELF-CARE PRIORITY IN 2023!

Wellness Membership Scheme allows you to take advantage of the many benefits of regular treatments at a reduced cost in order for you to maintain good health and well-being, help to fight away stress, tension, aches /pains and maintain your youth and beauty

The Wellness Membership GOLD £115/month

This membership includes TWO treatments as well as 10 % discount on ZO Skin Health products every month,10% discount off all other treatments, skincare and well-being advice, to make sure you're getting the most out of your membership! You can have two of the following treatments or two of the same!

- Deep Tissue massage 1hr
- Reflexology with P.E.M.F (Magnetotherapy)
- Customised Facial 1hr
- Body Ballancer Lymphatic Drainage Massage 1hr
- Body Ballancer & Dermalux Facial 1hr
- Body Ballancer & VitaLift (E.M.S.) Facial
- 10% discount off all other treatments (Excluding Electrolysis)
- 10% discount off all ZO Skin Health

The Wellness Membership SILVER £85/month

This membership includes TWO treatments as well as 5 % discount off all ZO Skin Health products every month,10% discount off all other treatments, skincare and well-being advice, to make sure you're getting the most out of your membership! You can have two of the following treatments or two of the same!

- Deep Tissue massage 40 min
- Reflexology 1hr
- Lunch-time HydroMedi Facial 30 min
- Lunch-time OxyNrich Facial 30 min
- Lunch-time Ultra Meso Facial 30 min
- Body Ballancer Lymphatic Drainage Massage 40 min
- Body Ballancer & Dermalux Facial 30min
- 10% discount off all other treatments (Excluding Electrolysis)
- 5% discount off all ZO Skin Health

The Wellness Membership BRONZE £65/month

This membership includes TWO treatments, 5% discount off all Skin Health ,10% discount off all other treatments , as well as skincare and well-being advice, to make sure you're getting the most out of your membership! You can have two of the following treatments or two of the same!

- Deep Tissue massage 30 min
- Express Reflexology 30 min
- Lunch-time Mini Facial 30 min
- Lunch-time Dermalux Facial 30 min
- Body Ballancer Lymphatic Drainage Massage 30 min
- Hopi Ear Candling 30 min
- Indian Head Massage 30 min
- 10% discount off all other treatments (Excluding Electrolysis)
- 5% discount off all ZO Skin Health

Also available as a 3-month or 6 month membership for beautiful self or as a perfect Christmas Gift for your loved ones.

GOLD

3-month membership - £345

6-month membership - £690

SILVER

3-month membership - £255

6-month membership - £510

BRONZE

3-month membership - £195

6-month membership - £390

*Terms & conditions: Treatments cannot be rolled over/accumulated. 30 days' notice is required to cancel your membership. Once a membership is cancelled and the notice period has ended, unused treatments/products cannot be redeemed. 3-month and 6-month memberships cannot be refunded once paid.

GIFT CERTIFICATES

Treat yourself, a friend or loved one to a Gift certificate which they can redeem on any of our beauty treatments. This makes a wonderful and thoughtful gift for any occasion like birthday, anniversary or Christmas. You can either buy 'virtual gift certificate' which are emailed to you or you can pop in to collect it which you can take away with you.

All certificates come in a luxury box and a gift bag.



Opening Times

Monday	-	Closed
Tuesday	-	8am - 10pm
Wednesday	-	8am - 10pm
Thursday	-	8am - 10pm
Friday	-	8am -10pm
Saturday	-	9am - 5pm
Sunday	-	Closed

☎ 07898 559966

✉ info@viktoryiahealth.co.uk

📘 @viktoryiahealth

📷 @viktoryiahealth

Car parking is available. Please leave your car registration details on arrival.

Cancellation policy

If you must cancel or rebook your appointment
we respectfully request 36 hour notice.

Cancellations or missed appointments without 36 hour notice will result in a charge of part or all of the service amount.



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